



Janet T. Mills  
Governor

**STATE OF MAINE  
STATE EMPLOYEE HEALTH COMMISSION  
61 State House Station  
Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

STATE EMPLOYEE HEALTH COMMISSION MEETING

**Thursday, June 15th, 2023 @ 8:30am  
Microsoft Teams Meeting**

Burton M. Cross Building  
111 Sewall Street  
Room 103, A and B  
Augusta, ME 04330

Commission Members in Attendance: Diane Bailey, Claire Bell, Cecile Champagne-Thompson, Lynn Clark, Kevin Dionne, Laurie Doucette, Jonathan French, Kelly John, Rebekah Koroski, Lew Miller, Heather Perreault, Angela Porter, Shonna Poulin-Gutierrez, Heidi Pugliese, Joanne Rawlings–Sekunda, Chris Russel, Kim Vigue and Frank Wiltuck  
(Total = 18)

Commission Members Absent: Olivia Alford & Lois Baxter  
Vacant Seat(s): 5

Others Present: Joan Hanscom, Meghan Harmon, Nathan Morse, Paige Lamarre, Devon French – Employee Health and Wellness; Breena Bissell – Bureau of Human Resources/DAFS; Sabrina DeGuzman-Simmons and Kevin Fenton, Andrea O’Day – Aetna; Kristine Ossenfort, Becky Craigue, Kim Parker, Jennifer Weber, Stefanie Pike – Anthem Blue Cross and Blue Shield; Connor Huggins and Libby Arbour – MCD Global Health; Judy Paslaski & Lynn Hadley – MedImpact; Marie Bridges – Northeast Delta Dental; Laura Robert – Sunlife; Lisa Nolan, Peter Hayes and Trevor Putnoky – Healthcare Purchasers Alliance of Maine.

Agenda Item	Discussion	Action/Next Steps
<b>I. Call Meeting to Order (8:31am)</b>	Jonathan French called the meeting to order.	
<b>II. Introductions</b>		
<b>III. Review and Approval of Minutes (May 18<sup>th</sup>, 2023)</b>		Kevin Dionne made a motion to accept the May 18th, 2023, minutes; Chris Russel seconded the motion. Motion passed.

**IV. Recurring Monthly Business**



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

<b>a. Open Discussions/Questions on Vendor Reports – All</b>	Information contained in written report; highlights and discussion noted below:	
<b>b. Employee Health and Wellness Highlights – Shonna Poulin-Gutierrez</b>	<p>Information contained in written report; highlights and discussion noted below:</p> <p>Medical Highlights-Anthem-</p> <ul style="list-style-type: none"> <li>• <u>Member Demographics</u>: Anthem had 25,608 members as of June 2023. The average member age is 49.7 with a breakdown of 48.2% male and 51.8% female members.</li> <li>• <u>Top 5 Medical In-Network Providers</u>: The top 5 in-network providers are MaineGeneral Medical Center, Maine Medical Center, Northern Light, Central Maine Medical Center, and Penobscot Bay Medical Center.</li> </ul> <p>Medical Highlights-Aetna-</p> <ul style="list-style-type: none"> <li>• <u>Member Demographics</u>: Aetna had 9,054 members as of June 2023. The average member age is 75.1 with a breakdown of 50% male and 50% female members.</li> <li>• <u>Top 5 Medical In-Network Providers</u>: The top 5 in-network providers are Maine Medical Center, MaineGeneral Medical Center, Northern Light, Central Maine Medical Center, and Brigham and Women’s Hospital.</li> </ul> <p>Dental Highlights-</p> <ul style="list-style-type: none"> <li>• <u>Utilization Summary June 22’ through May 23’</u>: The utilization summary for June 22’ through May 23’ shows total claims paid of \$7M and an average enrollment of 13,145. There were 50,426 total claims and the average cost per claim was \$141.02.</li> </ul> <p>Pharmacy Highlights-</p> <ul style="list-style-type: none"> <li>• <u>KPI Summary for April 23’</u>: The KPI summary for April 23’ shows in 2023 there was a prescription drug count of 19,795 – a slight decrease from 2022. There was a slight increase in the total cost, however, of almost \$1M from 2022 to 2023 with cost peaking at \$6.1M in April. Generic prescription use stayed roughly the same with 84.7% of prescription being written as generics.</li> </ul>	



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

Anthem and Covenant Health-

- Anthem and Covenant Health are currently in contract discussions, the current contract is effective until July 5, 2023.
- Maine facilities that fall under Covenant Health, that would impact our current members include St. Mary's Regional Medical Center in Lewiston and St. Joseph Hospital in Bangor.
- The most up-to-date information can be found on Anthem's microsite (<https://www.anthem.com/covenantmaine/>).

Wellness Highlights-

- Vaccination Clinics: As of 5/31/2023, 58 sites have filled out the survey for a vaccination clinic at their worksite and 10 in-store clinics have been proposed.
- Headspace Pilot:
  - As of 05/31/2023, there are 944 members enrolled and 97 seats available in the Headspace pilot.
  - Top May classes include Managing Anxiety, Letting Go of Stress, and Basics.
- Wellness Wallet Pilot:
  - Employee Health and Wellness continues to work with Lockton on a pilot program that will test how a Lifestyle Spending Account (LSA) can and would be utilized.
  - Those eligible to participate in the pilot program received application details.
  - This pilot program will be held from July 5th, 2023, through December 31st, 2023.
  - Enrolled members will be eligible to access up-to \$200 per calendar year on reimbursements for eligible health and wellness lifestyle expenses.

Communications Highlights-



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

- Open Enrollment Communications Tracker: Communications from March 23' through May 23' were sent via letter, home mailer, email, postcard as well as Constant Contact email. Target audiences included State of Maine Human Resources, Ancillary Groups, and State of Maine employees. There were 10 communications sent out during this period.
- Constant Contact: Campaigns sent out in May 23' include 2023 Annual Open Enrollment with 10,799 recipients, an open rate of 56%, well above book of business and a click rate of 2%, and Healthy Vision Month with 9,216 recipients, an open rate of 39%, well above book of business and a click rate of 3%.

Contract Highlights-

- We are close to signing the dental contract after recent meetings with Delta Dental.
- The Medicare Advantage proposal review is under way. We will be reviewing more information this month.
- The medical plan is currently out to market with Lockton, and we will be looking for bids for those services.

***V. QUARTERLY PLAN UPDATES***

**a.**

Highlights and discussion noted below:

- There were no items brought to the commission.

***VI. EDUCATION***

**a. Legislative Committee Update – Joanne Rawlings-Sekunda & Lisa Nolan**

Highlights and discussion noted below:

- General Discussion:
  - Most bills are with the full House and full Senate.
  - The committees have done all their work and amendments.
  - Enacted bills are sent to the Governor's office.



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

- Any bill that will affect the budget, needs to go through appropriation review before going to the Governor’s Office.
- LD 132: The Committee unanimously voted for the Bureau of Insurance to complete a mandate study before next January.
- LD 267: This would cover donor breast milk in the same way that amino acid-based formulas are covered (e.g., for babies with PKU).
- LD 362: Public Law 2023, Chapter 20: Clarifies eligibility for coverage under Title 5 MRS Sec. 285.
- LD 935: No cost-sharing (deductible, copay, coinsurance) for abortion services.
- LD 995: Title changed to: “An Act to Enhance Access to a Second Opinion for Health Care Service or Treatment.”
- LD 1728: Public Law 2023, Chapter 161: In addition to naloxone – which was already in statute – it adds “or another opioid overdose-reversing medication approved by the FDA”.
- LD 1736: All except 2 committee members voted OTPA. The amendment removed a provision from the bill mandating insurance coverage, since it’s already covered.
- LD 1832: The Committee unanimously voted for the Bureau of Insurance to complete a mandate study before next January re: community paramedicine.
- LD 1836: All except 1 voted OTPA. This bill would require that diagnostic and supplemental breast examinations have no cost share for consumers, the same as screening breast examinations currently do.

**VII. SEMI-ANNUAL UPDATES**

**a.**

Highlights and discussion noted below:

- There were no items brought to the commission.

**VIII. OTHER BUSINESS**

**a. Committee Vacancies**

Highlights and discussion noted below:

- There are multiple vacancies to fill throughout the committees.
- Plan Design is most critical to fill, two management and one labor vacancies.
- Heidi Pugliese volunteers to fill one of the management vacancies and Kevin Dionne volunteers to fill the labor seat.



Janet T. Mills  
Governor

**STATE OF MAINE**  
**STATE EMPLOYEE HEALTH COMMISSION**  
**61 State House Station**  
**Augusta, ME 04333-0061**

Jonathan  
French  
*Labor Co-Chair*

Heather Perreault  
*Management Co-Chair*

	<ul style="list-style-type: none"> <li>• Kevin Dionne volunteers to fill the labor seat on the finance committee.</li> <li>• Wellness Committee has one labor and one management vacancies and needs a committee chair.</li> <li>• Claire Bell volunteers to fill the vacant labor space on the Wellness Committee.</li> </ul>	
<b>b. Open Discussion</b>	<p>Information contained in written report; highlights and discussion noted below:</p> <ul style="list-style-type: none"> <li>• Heather Perrault announces Peter Hayes retirement from the Healthcare Purchaser Alliance of Maine.</li> </ul>	
<b><i>IX. REQUEST MOTION TO ADJOURN</i></b>		
<b>c. X. Adjourn Meeting (9:55 am)</b>		Joanne Rawlings-Sekunda made a motion to adjourn; Diane Bailey seconded the motion. Motion passed.

2023 meeting schedule available at [www.maine.gov/bhr/oeh](http://www.maine.gov/bhr/oeh)