**3-22-22 CBHS Provider Meeting Summary and Q&A**

**CBHS Updates:**

* Elissa Wynne, *Associate Director of Child Development and Behavioral Health Services*
  + Website: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health>
  + Review of Strategic Plan:

<https://www.maine.gov/tools/whatsnew/index.php?topic=DHHS-OCFS-Updates&v=article2021&id=2157946>

* + Contacts: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/cbhs-contacts>
  + CBHS Updates to include expansion of staff and services
    - System of Care Team
    - Evidence-Based Practice Specialist
      * Opportunities for Free EBP Trainings, such as PPP and MATCH
    - Youth Substance Use Disorder Specialist
    - Children’s Community Based Health Center Specialist
    - Crisis Services Specialist
    - Early Childhood Consultation Project
    - Help Me Grow! Initiative
    - Family First Prevention Services Act
  + Child Welfare and Behavioral Health Professionals Collaboration Guidance Memo: <https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/inline-files/Guidance%20for%20Behavioral%20Health%20Providers%20FINAL.pdf?utm_medium=email&utm_source=govdelivery>

**Early Childhood Consultation Project (ECCP):**

* Amy Beaulieu, *Maine ECCP Program Manager*
  + Website: <https://www.maine.gov/dhhs/ocfs/support-for-families/child-care/early-childhood-consultation-partnership>
  + Reference Materials:

* <https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/inline-files/ME_ECCP_Brochure_WEB_2021_0.pdf>
* Also have printed brochures. Contact Amy at [amy.beaulieu@maine.gov](mailto:amy.beaulieu@maine.gov) if you would like to have a batch mailed.
* Can also come and speak to any staff/agency about the program within the catchment area included on website.
  + Q&A:
    - Q: *Will this service be for children who also don’t necessarily qualify with CDS?*
    - A: Yes, ECCP may be an appropriate service for children who may not qualify for CDS services if other mental health services are not already in place for the child through other resources. Please discuss any potential ECCP referrals with your local ECCP consultant or the ECCP program manager. Contacts for the ECCP consultants and program manager may be found on the ECCP webpage.
    - Q: *Who can make inquiries/referrals?*
    - A: Parents, childcare providers, ECE teachers, K-grade 3 teachers, childcare directors, principals can all make referrals

**System of Care:**

* Kathryn Temple, *System of Care, Children’s Behavioral Health Manager* 
  + Website: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/services/system-of-care>
  + Overview of HCT waitlist work, Quality Assurance reviews, Levels of Care Guidance, System of Care Principles, Information and Resources, Trauma-Informed Care, Trainings, Services Information Sheets developed collaboratively with youth and families
  + Contacts: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/cbhs-contacts>
    - Kathryn Temple, CBHS Manager
    - Jamie Bartlett, Cross Systems Facilitator
    - Alina Smith, Data Analyst
    - Ronnie Lowell-Sirois, Lead Family Coordinator
    - Quality Assurance Specialists: Stacy Boss, Rachel Murchison, Judy Beale, Caroline DelMonaco
    - Clinical Specialist, Vacant
      * Q: *Where would we find the open clinical specialist opening?*
      * A: The position will be reposted soon. Maine DHHS Employment Opportunities can be accessed at: <https://www.maine.gov/dhhs/about/careers-at-dhhs>
  + Reference Materials:
    - Levels of Care Guidance: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/services> . **Services information sheets** can be found at the bottom of this page under *MaineCare Services*
    - Information and Resources: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/services/resources>
    - Staff Training:

<https://www.maine.gov/dhhs/ocfs/provider-resources/staff-development-training>

**Childcare Subsidy:**

* Crystal Arbour, *Child Care Services Program Manager*
  + Website: [Paying for Child Care | Department of Health and Human Services (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Focfs%2Fsupport-for-families%2Fchild-care%2Fpaying-for-child-care&data=04%7C01%7CKellie.Pelletier%40maine.gov%7Cd0855c64f747456a789708da02a1a5d7%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C637825190529810960%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=p6Kh2RHrFUwd11%2BvxvT76kGyfRChNamdwwaX4o15Ohw%3D&reserved=0)
  + Contact list for the program: [VOUCHER COUNTY COVERAGE (maine.gov)](https://gcc02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.maine.gov%2Fdhhs%2Fsites%2Fmaine.gov.dhhs%2Ffiles%2Finline-files%2FCCSP%2520%2520Contact%2520List%2520Feb%25202022.pdf&data=04%7C01%7CKellie.Pelletier%40maine.gov%7Cd0855c64f747456a789708da02a1a5d7%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C637825190529810960%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=IXuKvcW7XywRffq5vycECgMnzNCcFxGMQC6Qb771MqE%3D&reserved=0)
  + Additional information/resources:
    - <https://www.maine.gov/dhhs/ocfs/provider-resources/child-care-subsidy-information-for-providers>



* + Q&A:
    - Q: *Is the childcare subsidy income-based?*
    - A: Yes, the following link is to the income guidelines <https://www.maine.gov/dhhs/sites/maine.gov.dhhs/files/inline-files/Income%20Eligbility.pdf>

Also, currently through the use of COVID-19 relief funding, all parent fees are being waived.

**Improving Outcomes for Youth:**

* Katharyn Zwicker, *Prevention Coordinator*
  + *IOY promotes health, safety, resilience, and opportunities for Mainers, ages 14-24, entering adulthood, to be healthy and connected to the workforce and/or education. IOY promotes self-sufficiency to youth and their families; delivering services intended to prevent and/or reduce unintended pregnancies, increase prevention services and programming in schools to ensure access to needed behavioral health services, like substance misuse disorder screenings and treatment.* ***All services are free to participants****.*
  + Locations, Programs, and contacts:



**Youth Suicide Prevention:**

* Sheila Nelson, *Program Manager, Maine CDC Adolescent Health and Injury Prevention*
  + Website: <https://www.maine.gov/suicide/index.htm>
  + Ongoing collaboration and training with school departments, crisis services, behavioral health providers, and law enforcement
  + Additional Information/Resources:
    - <https://www.mainepreventionstore.com/>
    - <https://www.maine.gov/suicide/suicide-prevention-resources.shtml>
    - Trevor Project LGBT Crisis Line: 1-866-488-7386 ([online chat](https://www.thetrevorproject.org/) or text TREVOR to 1-202-304-1200)

**Maine Pediatric and Behavioral Health Partnership (MPBHP):**

* Stacey LaFlamme, *MPBHP Project Manager*
  + Website: <https://www.bhpartnersforme.org/>
  + MPBHP is Maine’s Child Psychiatry Access Program offering psychiatric consultation to Primary Care Practices
  + Trainings: <https://www.bhpartnersforme.org/providers>
  + Q&A:
    - Q: *Can we have the 1-800# and is it appropriate to share with PCPs in the community?*
    - A: 1-833-672-4711 (1-833-MPBHP11), please feel free to share information such as the website [www.BHpartnersforME.org](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.bhpartnersforme.org%2F&data=04%7C01%7CKellie.Pelletier%40maine.gov%7C25408396ea5d43c7c30308da10cf3d5d%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C637840779638591298%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=SEcJeo9%2B3DbXbHOLA3%2FCpAl%2BSPqoF1Jh0o%2BIN2qP73w%3D&reserved=0), or the tri-fold brochure with providers.
    - Q: *What is the age limits of this service?*
    - A: 0-21 yrs
    - Q: *What is the process of referring youth and families?*
    - A: We do not provide direct service to youth or families, we provide support and education through trainings and consultations with primary care providers who are working directly with youth and families. So if a youth or family wants to bring our information to their PCP and ask the provider to contact us, that is the best way to access our service. It is always best for a provide to call our access line 1-833-672-4711 to initiate a consultation request or they can do it on our website [www.BHpartnersforME.org](https://gcc02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.bhpartnersforme.org%2F&data=04%7C01%7CKellie.Pelletier%40maine.gov%7C25408396ea5d43c7c30308da10cf3d5d%7C413fa8ab207d4b629bcdea1a8f2f864e%7C0%7C0%7C637840779638591298%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=SEcJeo9%2B3DbXbHOLA3%2FCpAl%2BSPqoF1Jh0o%2BIN2qP73w%3D&reserved=0)
  + Additional Information/Resources:

 

**Family First Prevention Services Act (FFPSA)**

* Christine Theriault, *Family First Prevention Services Program Manager*
  + Website: <https://www.maine.gov/dhhs/ocfs/family-first-act.shtml>
  + Ongoing work with child welfare staff and Children’s Residential Care Facility (CRCF, formerly ITRT) to meet requirements to include:
    - Development of Family First Staff Toolkit for child welfare workers
    - Contract Awarded for Homebuilders Program, accessed through child welfare referral
    - Expanding access to Maine Families Program for children up to age 5 if there is child welfare involvement
    - CBHS Program Coordinator review of CRCF referrals for children under 10
    - Aftercare services when discharging from CRCF
  + Reference Materials:



**Help Me Grow!:**

* Angie Bellefleur, *Help Me Grow! Program Manager*
  + Summary:
    - Centralized Access Point for connecting children and their families to services and care coordination for 0-8 years old
    - Implementation of ASQ-3 and ASQ-SE Online to support early detection and intervention
    - Family and Community Outreach
    - Data collection and analysis
    - Staffing: 3 HMG Resource Coordinators have been hired; Outreach Coordinator has been posted
    - More information will be available as program develops
  + Reference Materials:



**Other Helpful Resources:**

* Kellie Pelletier, *CBHS Resource Coordinator*
  + Please consider how these valuable resources can be incorporated in treatment, service, crisis, and/or discharge planning across any/all services:
    - Transition to Adulthood: <https://www.maine.gov/dhhs/ocfs/support-for-families/childrens-behavioral-health/transition-to-adult-services>
    - Autism Society of Maine: <https://www.asmonline.org/>
    - Community Action Program (CAP) Agencies: <https://mecap.org/our-network/>
    - G.E.A.R. Parent Network (Family Peer Support): <https://gearparentnetwork.org/>
    - Maine Parent Federation:<https://www.mpf.org/programs/>
      * For Youth: <https://www.mpf.org/community-resources/youth-launchpad/>
    - Proactive Crisis Planning: [Proactive Crisis Planning with the Maine Crisis Line (govdelivery.com)](https://content.govdelivery.com/accounts/MEHHS/bulletins/2ac2110)
    - Teen Text Support Line (NAMI Maine): [Maine Teen Text Support Line — NAMI Maine](https://www.namimaine.org/teentextline)
      * NAMI Homepage: <https://www.namimaine.org/>
    - Youth Peer Support Statewide Network: [Youth Peer Support Statewide Network | Maine Behavioral Healthcare | Maine (mainehealth.org)](https://www.mainehealth.org/Maine-Behavioral-Healthcare/Services/Counseling-Therapy-Services-Adult-Child/Peer-Support/Youth-Peer-Support-Statewide-Network)

**RUBI:**

* Jessica Wood, *CBHS Manager*
  + Research Units in Behavioral Intervention 4/11:
    - OCFS sent out an invitation to RCS28, therapeutic foster care agencies, CRCF, CSU & family organizations on 3/31/22 for a meeting on 4/11 from 1-2:30.
    - The co-developer of RUBI, Karen Bearss, will present about the model and the statewide training in Maine that will begin late summer 2022.
    - We plan to train 400 individuals in the model and 140 individuals as train the trainer representing each provider agency, for sustainability.

**Kepro Updates:**

* Kelly Parnell, *Clinical Director, Kepro*
  + Summary:
    - Kepro is getting increased calls from Direct Care staff for information/support that would be best addressed by their agencies’ supervisors/clinical team. Reminder that agency staff should be communicating/consulting within their agencies for process/clinical guidance prior to contacting Kepro.
    - Reminder RE: TCM/BHHO agencies’ identified contacts to review the HCT referral list that is sent to them monthly and verify the accuracy, even if it is to verify that no HCT referrals have been made by the agency, and return to Kepro.
    - Please remember to *formally discharge clients in the Kepro/Atrezzo portal* to include date of discharge and disposition for all services; allowing an authorization to lapse is not an official discharge disposition.
  + Q&A:
* Q: *Are people being removed from the waitlist for services if the referent does not check off the list being supplied by the referral management system?*
* A: Not at this time.
* Q: *Guidance RE: children/youth being removed from the (RCS) waitlist due to outdated Vinelands.*
* A: This may be helpful to have an example. An assessment is required from the date of referral. When an update is asked about, it is typically to obtain an update on why there is still a need for medical necessity.
* Q: *Guidance RE: criteria by which children/youth are removed from the waitlists vs. may “fall-off” of the waitlist and what referents can do to check on the status of referrals they have made.*
* A: Providers can ensure that their monthly list is being sent back to the Kepro team by their leadership team. They can also ensure they are tracking their end dates to ensure a child no longer is waiting for a service.

**MaineCare Updates:**

* Dean Bugaj, *Children’s and Behavioral Health Manager, OMS Policy*
  + Summary:
    - Provider Relief funds (RAMP and FMAP) payments have been going out to eligible HCBS providing agencies to support retention and recruitment of Direct Care Workers: <https://www.maine.gov/dhhs/blog/maine-dhhs-provides-additional-4-million-fund-bonuses-direct-support-workers-2022-03-14>
    - Sect. 97: Collaboration with OMS, OCFS, and licensing to meet requirements of the FFPSA for Children’s Residential Care Facilities
    - Sects. 28 & 65: Engagement in Stakeholder workgroups RE: policy revisions and Rate Studies for Children’s Services under these sections
* **Survey and Networking:** 
  + Cathy Register, *Resource Coordinator Region 1*, retiring. Many well-wishes!
  + Q&A:
    - Q: *Who is the person taking over Cathy’s position?*
    - A: OCFS will be posting to fill Cathy Register’s Resource Coordinator position the week of 3-28-22. It will be posted for ten days and then interviews will begin.