# What Are We Doing Here?

Anna Cyr
ECCS Family Leadership Liaison
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## Goals and Objectives

Maine's Early Childhood Comprehensive System Health Integration Prenatal-to-three (P-3) program will increase referrals to, and utilization of, P-3 programs and services by making Maine's complex health and early childhood development systems easier for families to more effectively access and navigate.

1

Provide a state-level central point of coordination (ECCS Lead) to connect Maine's various maternal and early childhood programs and, develop and expand partnerships to advance Maine's vision for a comprehensive P-3 system. MeCDC

2

Develop a realistic state-level Early Childhood Strategic Plan which identifies the resources necessary and available to implement strategies and meet goals and objectives. Maine Children's Cabinet 3

Strengthen Maine's perinatal system of care and integrate programs and services across the maternal and early childhood system. *MeCDC*, *POC4ME* 

4

Establish a "no wrong door" P-3 care coordination model for Maine to strengthen and improve linkages across the maternal and early childhood system. *HMG* 

5

Convene state-level education and early childhood leaders and stakeholders to identify resources needed to sustain and advance ECCS priorities and programs. Maine Children's Cabinet

6

Develop targeted strategies to address health disparities based on geographic region, race, ethnicity, and socioeconomic status. Maine Children's Cabinet, MeCDC, HMG, POC4ME

Maine Repartment of Health and Human Services

# Why is this important to YOU?

- What brought you to this work?
- What keeps you in it?
- Why are you here today?

Mentimeter link

# Change...

- Is connected to learnings from the past calling into question the way things have historically been done.
- Building off what has worked and making adaptations to do better.
- Relies on diversity.
- Shared leadership.
- Shared power.



Maine Department of Health and Human Services

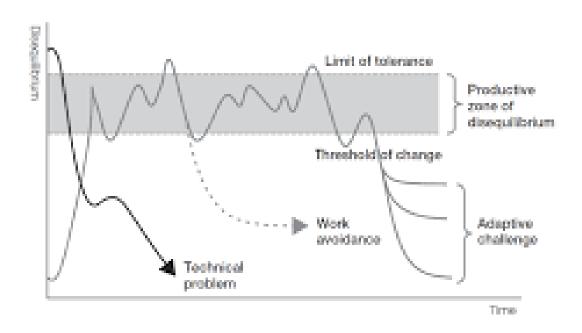
# Remember the Principles of Collaboration?



- Commitment to mutual purpose and mutual benefit.
- The space holds me, you, and we, individually and organizationally.
- Shared learning and shared power are shared values.
- Collaboration must be intentional and should be protected.
- Everyone owns and commits to the outcome.

# The Productive Zone of Disequilibrium

#### The productive zone of disequilibrium

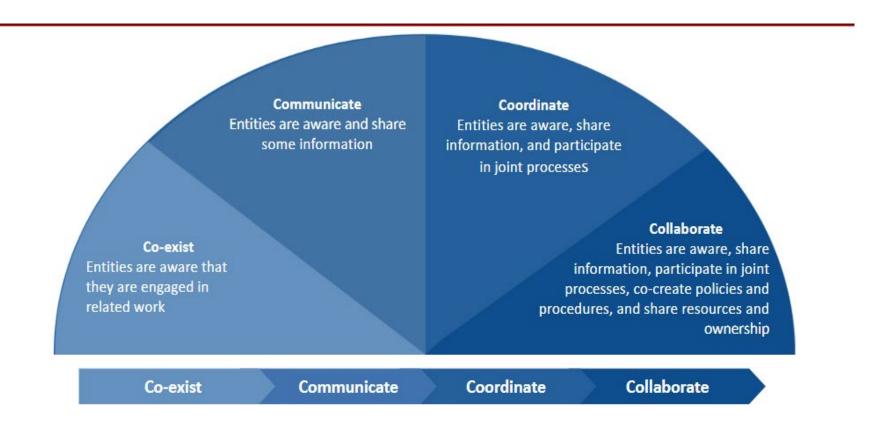


Source: Adapted from Ronald A. Helfetz and Donald L. Laurie, "Mobilizing Adaptive Work: Beyond Visionary Leadership," in *The Leader's Change Handbook*, eds. Jay A. Conger, Gretchen M. Spreitzer, and Edward E. Lawler III (San Francisco: Jossey-Bass, 1996).

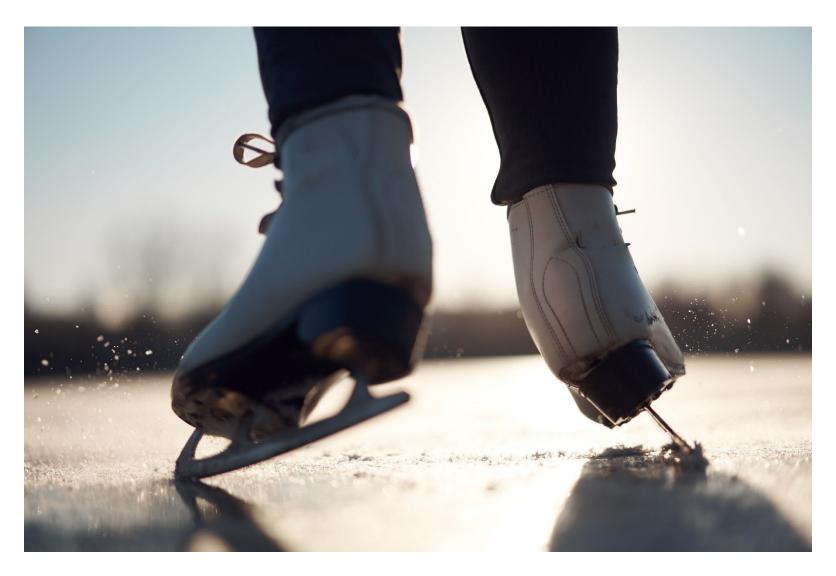
# The Productive Zone of Disequilibrium



# The 4 C's of Working Together



# We are all in this together!



Maine Department of Health and Human Services

# Group Norms

- "Say the thing" don't be afraid
- Remember history but don't dwell in it
- Have dialogue vs. debate
- Be ready to share and learn
- Listen
- Assume good intent
- There are no stupid questions
- Remember we are still human
- Give grace to ourselves and each other
- Everyone has something to bring to the table, accept uniqueness and similarities
- Invite people into the conversation, "what do you think?"
- Take care of yourself

- There are many ways to engage reach out via email if that is more comfortable
- Share back set parameters around how we share information with each other and beyond this group
- Acknowledge that we are all emerging from the trauma of the pandemic and life changes that may change perspectives
- Give space to the minorities in the collaborative, amplify those voices (including following up after the meeting to round out perspective/fill in the gaps)

# Questions?

### Anna Cyr Maternal and Child Health Coordinator

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Collaborating Partners Advisory Group (CPAG)

August 2, 2022

11am-1pm EST



# What do you know about Help Me Grow Maine?





### A Solution to Help Young Children Shine

Help Me Grow is a central access point designed to connect families to information and services about child development and community resources. In partnership with 2-1-1 Maine, any parent and/or provider can contact Help Me Grow for additional support as Help Me Grow will listen, link you to services, and provide ongoing support.

HMG Maine is an affiliate of the National Help Me Grow Network





#### **HOW IT WORKS**

#### **Centralized Access Point**

Assist families and professionals in connecting children to the grid of community resources that help them thrive.

#### **Developmental Screening**

When potential concerns are spotted early on, they can be easier to address. Maine utilizes the Ages & Stages Questionnaire (ASQ-3) to assess a child's communication, motor skills, problem solving, and personal social skills.

#### Resources

Help Me Grow builds an effective grid of connected service providers that best serves families within the state of Maine.

### **Eligibility**

A free universal service available to all children, prenatal to eight years of age.





## Philosophy & Goals of HMG

### Working through a lens of:

- Believing Parents know their children best.
- Believing in promoting self-determination.
- Promoting cultural diversity and reflecting cultural humility.
- Reflecting on what we bring to each interaction with families.
- By remembering supporting young children today, we are promoting a healthier future.

### **Working towards:**

- Helping individuals, families and communities identify, understand, and effectively use the programs that are part of the human service delivery system.
  - Increasing access to the early periodic screening, diagnosis, and treatment services
  - Increasing access and referrals to early intervention services
- Facilitating long-range planning by tracking requests for services and identifying gaps and duplications in services.

Dedicated to creating a future where all Maine children and families are safe, stable, happy and healthy.

### Case Review

- A parent called seeking support for their child.
- Support was provided to the family by providing educational materials around trauma, connecting the family with a targeted case manager, and reinforced the family's concern with the child's PCP
- At 25 day follow up, family had a TCM working with them.





### **Angie Bellefleur, Program Manager**

Angie is responsible for project start-up and implementation activities including overseeing the day-to-day operational responsibilities and ensuring operational integration and integrity.



### Melinda Corey, Outreach Specialist

Melinda is responsible for making the connections with community partners, building a network of resources, and general community education on the importance of promoting developmental surveillance and screening.





### Sara Baird, Resource Specialist

Sara is responsible for connecting children and families with the resources and supports through the HMG call center, as well as helping to administer the Help Me Grow Developmental Screening Program. Sara has a specialty in HMG visual communications such as document imaging and web design



### **Katherine Russum, Resource Specialist**

Katherine is responsible for connecting children and families with the resources and supports through the HMG call center, as well as helping to administer the Help Me Grow Developmental Screening Program. Katherine's specialty is in HMG policy development.





### Rachel Williams, Resource Specialist

Rachel is responsible for connecting children and families with the resources and supports through the HMG call center, as well as helping to administer the Help Me Grow Developmental Screening Program. Rachel also is our primary lead on the Ages and Stages Online program implementation.



### Regina Harmon, Office Assistant

Regina will be joining our team in mid-August. She will be responsible for providing administrative support to the HMG team. This includes assisting you with being connect to the right team member to meet your needs!





### How can you support Help Me Grow Maine?





www.maine.gov/dhhs/ocfs/support-for-families/child-development

Toll-Free: 1-833-714-7969 Tel: 207-624-7969

e-mail: <u>HelpMeGrow@maine.gov</u>

Angie Bellefleur Program Manager Angie.Bellefleur@maine.gov 207-215-7761