



Help Me Grow Maine

A Family's Journey



STEP ONE

Contact Help Me Grow Maine through our website, calling 211, or calling the program directly at 1-833-714-7969.



STEP TWO

During this call, a resource specialist will give resources, support, and offer a developmental screening. If needed a resource specialist will refer the child to appropriate services.

If we missed your call, a resource specialist will reach out within 24 business hours.



STEP THREE

After support is provided, a resource specialist will follow up with a family 5, 25, and 60 days after to ensure their needs are being met.



STEP FOUR

The outcome of referrals will be provided to the medical provider of parent's choice.



Non-Discrimination Notice

The Department of Health and Human Services does not discriminate.