### What is ECCP®?

ECCP® helps early childhood providers and caregivers of young children build understanding and skills to respond to the social-emotional needs of young children. Experienced mental health consultants work directly with caregivers and early childhood providers to identify and implement strategies to support children's emotional wellbeing and effectively manage challenging behavior. Services are provided at no cost to providers or families.

ECCP® provides services to classrooms or individual children. Families, providers, educators, or directors may request services. The level of service provided is based on the needs of the program or individual child.

Consultation may be requested for anything from managing aggressive behaviors, difficulties with transitions, creating positive classroom cultures, improving responsiveness of teaching staff, and building effective partnerships with families.

## Types of programs served:

- Licensed Child Care Centers
- Family Child Care Programs
- Public Pre-K Programs
- Public Elementary Schools
- Afterschool Programs



#### For more information or to make a referral:

#### Amy Beaulieu

ECCP Program Manager

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Scan the QR code to visit us online and locate your local ECCP consultant.

maine.gov/dhhs/ocfs





#### ECCP partner agencies:

Community Care
Community Health & Counseling Services
Sunrise Opportunities

For Educators and Caregivers of Young Children



Maine Early Childhood Consultation Partnership

Helping relationships grow

## **Core Classroom Services**

ECCP®'s Core Classroom service focuses on supporting and coaching teachers and child care providers to strengthen social, emotional, and behavioral supports for children in their program. The ECCP® Consultant provides weekly support and coaching to the teaching staff with the goal of building their capacity to meet the social-emotional needs of the classroom.

# Who Can Make a Referral?

Referrals for Core Classroom services may be made by the center/program director, family child care provider, owner, or teacher.

#### Reasons to Refer

ECCP® is ideal for providers interested in improving behavior management in the classroom; improving the social and emotional tone of the classroom; and enhancing partnerships among teachers, parents and administrators. Consultants provide hands-on and practical strategies to support the social and emotional needs of the children in the program.

## **Child-Specific Services**

ECCP®'s Child-Specific service focuses on supporting a young child who is struggling with social, emotional, or behavioral difficulties in their education or child care setting. The ECCP® Consultant meets with the family and the educator/caregiver, conducts a home and/or classroom observation to identify the child's strengths and needs, recommends practical strategies to meet the child's needs, and facilitates referrals to community services, if needed.

## Who Can Make a Referral?

Referrals can be made by parents, providers, teachers, or program directors. The service is voluntary, and the child's family must provide consent for the service.

#### Reasons to Refer

A child who may be experiencing behavioral challenges, difficulty with attention, problems with social skills, or is at risk of suspension or expulsion from their child care setting may be referred. A child experiencing a stressful event such as the birth of a sibling, parental separation, loss of a family member, or a community stressor such as a natural disaster may also be referred for ECCP® services.



PARENT, CHILD-SPECIFIC SERVICE



## Family Child Care Provider Services

ECCP® offers a specialized version of the Core Classroom service designed for the unique needs and environment of the family or home-based child care provider. This service focuses on supporting, coaching, and offering practical strategies to strengthen a provider's ability to help children express their emotions, manage peer dynamics, and respond effectively to challenging behaviors. Consultation is provided on-site at the program on a weekly basis. This is a strengths-based service that respects each program's needs and perspectives.

#### Who Can Make A Referral?

Family Child Care Providers may self-refer their programs. Child-Specific services may also be requested by Family Child Care Providers for individual children in the program, with parental consent.

#### Reasons to Refer

The Family Child Care Provider Service is a good resource for providers seeking to improve overall quality, introduce or strengthen social-emotional learning, help children with emotional regulation, improve transitions, or enhance relationships with families.

