Authorization to Release Information



We are committed to the privacy of your information. Please read this form carefully.

Which DHHS office(s) should help you? Please check.

□Office of MaineCare Services	□ Substance Abuse and Mental Health Services
Office for Family Independence and Medical Review Team	□ Office of Child and Family Services
□ Maine Center for Disease Control and Prevention	Office of Aging and Disability Services
Dorothea Dix Psychiatric Center	Office of Administrative Hearings
□ Riverview Psychiatric Center	□ Other:

Is the DHHS office releasing information from its records?
Or obtaining records from a provider?

Whose information is being released? Please print clearly.

Individual's Name		Date of Birth	Social Security #
Home Address	Town/City	State	Zip Code
Telephone Email address			
() -		@	

What information should DHHS release or obtain? Please check all that apply.

General permission:	Special permission: Drug/Alcohol Referral or Services
All health information Claims or encounter data (information about visits to	☐Include all drug/alcohol information in the release ☐Include only the specific drug/alcohol records checked:
health care providers) Billing, payment, income, banking, tax, asset, or data needed to see if you qualify for DHHS program benefits	 Diagnosis and treatment Clinical notes and discharge summaries
□Limit to the following date(s) or type(s) of information: (for example "Lab test dated June 2, 2017" or "Claims from 2015-	 Drug/Alcohol history or summary Payment or claims information
2017")	 Living situation and social supports Medication, dosages or supplies
Other:	□Lab results □Other:
Special permission: Mental/Behavioral Health Services	Special permission: HIV/AIDS Status/Test Results
□Include this information in the release	□Include this information in the release
□I want to review my mental health/behavioral health record	
before release. I understand that the review will be supervised.	Please note : Maine law requires us to tell you of possible effects of releasing HIV/AIDS information. For example, you may receive more complete care if
Please note: Maine law allows us to share this information with	possible effects of releasing HIV/AIDS information. For example, you may receive more complete care if you release this information, but you could experience
Please note : Maine law allows us to share this information with other health care providers and health plans to coordinate your	possible effects of releasing HIV/AIDS information. For example, you may receive more complete care if you release this information, but you could experience discrimination if your data is misused. DHHS will
Please note : Maine law allows us to share this information with	possible effects of releasing HIV/AIDS information. For example, you may receive more complete care if you release this information, but you could experience

Are you asking DHHS to send or receive your information by EMAIL? Yes.

Although DHHS has privacy and security protections for my information, I understand that email and the internet have risks that DHHS cannot control. It is possible that my emailed information could be read by a third party. I ACCEPT THOSE RISKS and still ask DHHS to send my information by email. **INITIAL HERE**

Where should your information be sent by email? Please print the email address clearly:

What is the purpose of the release? Please check or write a response.

☐To coordinate, assess, or manage my care	G For a legal matter, including to provide testimony
□ A personal request □To see if I qualify for	r benefits or insurance 🗖 Other

Please print below the name and contact information of the provider(s) you wish the Department to obtain records from (including testimony) or provide records to:

Name	Name
Address	Address
City, State, Zip Code	City, State, Zip Code
Phone Fax No.	Phone Fax No.

I understand and agree that:

- "Information" may be in written, spoken and/or electronic format.
- This form will expire **one year** from the date below unless I revoke (take back) my permission sooner.
- To take back my permission, I will fill out the Revocation Form found at http://www.maine.gov/dhhs/privacy/index.shtml and send it to the office where I receive services. It will not apply to the information that DHHS already released with my permission.
- If I take back my permission or refuse to release some or all of my information, my choice could lead to an improper diagnosis or treatment, or denial of insurance coverage.
- I permit the people and/or offices listed on this form to speak to each other for the purpose(s) on this form.
- Health information from other providers (such as doctors, hospitals, and counselors) in my DHHS file is included in this release.
- Unless I am applying for benefits, DHHS will not base my treatment, payment for services, or benefits on whether I sign this form.
- DHHS offices will keep my information confidential as required by law. If I choose to share my information with others who are not required by law to keep it private, it may no longer be protected by federal confidentiality laws.
- If alcohol or drug treatment or program (substance use disorder) records are included in this release, DHHS will include a notice saying that such information may not be re-released or shared without my written permission.

I am signing this form voluntarily. I have the right to a signed copy of this form if I request one.

Date: _____Signature___

Personal Representative's authority to sign: