

# 2024 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Virtual Training and Consultation Series

*(Please review the full document before submitting an application. Application details can be found at the bottom of this document)*

The Office of Child and Family Services (OCFS), Children's Behavioral Health Services (CBHS) is pleased to offer a no cost Trauma-Focused CBT (TF-CBT) Basic Training with clinical consultation calls starting March 20, 2024. OCFS supports Maine's children and their families by providing Children's Development, Behavioral Health, and Child Welfare services. CBHS facilitates the provision of evidence-based services for the benefit of Maine children, youth, and families.

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based treatment for children and adolescents impacted by trauma and their parents or caregivers. Research shows that TF-CBT successfully resolves a broad array of emotional and behavioral difficulties associated with single, multiple, and complex trauma experiences.

This training opportunity is available to licensed clinicians who provide treatment for children and youth impacted by trauma. In order to participate and receive the training and clinical consultation calls at no cost, participants will be expected to become nationally certified through the TF-CBT National Therapist Certification Program ([tfcbt.org](http://tfcbt.org)).

At the completion of the TF-CBT Basic Training and clinical consultation, clinicians will meet key requirements towards earning national TF-CBT certification. Participants will be reimbursed for their time in trainings and clinical consultation calls and CBHS will provide additional support for the cost of the TF-CBT Therapist Certification Program Knowledge-Based Test.

Nationally certified TF-CBT providers are eligible to receive an enhanced MaineCare rate when providing TF-CBT treatment.

## Requirements

- Maine licensure** as a Licensed Clinical Professional Counselor (LCPC), Licensed Clinical Professional Counselor-Conditional (LCPC-C), Licensed Clinical Social Worker (LCSW), Licensed Master Social Worker- Conditional Clinical (LMSW-CC), Licensed Marriage and Family Therapist (LMFT), Licensed Marriage and Family Therapist-Conditional (LMFT-C), or Licensed Clinical Psychologist.
- Experience working with children and youth impacted by trauma.
- Access to regular clinical supervision with a supervisor who is experienced in treating trauma.

**By applying, applicants commit to:**

- Completing the online TF-CBT *Web2.0* Training Course and submitting documentation of completion.
- Attending and participating in twelve (12) hours of virtual Basic Training and at least one Advanced Training.
- Preparing for and participating in regular biweekly consultation calls following Basic Training.
  - o At least nine (9) out of twelve (12) consultation calls must be completed.
- Presenting one TF-CBT case during the consultation calls following instructions provided by the trainers.
- (*Nonsupervisory*) Working with three (3) TF-CBT cases and having at least one (1) active TF-CBT case at any one point during the training and consultation period. **OR**
- (*Supervisory*) Working with one (1) TF-CBT case during the training and consultation period.
- Applying for certification from the TF-CBT National Certification Program ([tfcbt.org](http://tfcbt.org)), including taking a knowledge-based exam at the conclusion of the training and consultation period.
- Following invoicing requirements as provided by CBHS for time spent in training and consultation, and for the TF-CBT *Web2.0* Training Course registration.
- Notifying CBHS and the trainers immediately if no longer able to participate in the program.

**Prerequisite**

- Participants must complete the online TF-CBT *Web2.0* Training Course prior to the Basic TF-CBT Training. Refer to: <https://tfcbt2.musc.edu/>
  - Registration cost is \$35 per participant and is reimbursable by CBHS.
  - Participants may submit documentation of completion if previously trained.
  - Please submit documentation of completion to Selina McGlaufflin at [selina.mcglauflin@maine.gov](mailto:selina.mcglauflin@maine.gov).

**Training Format**

<b>Basic TF-CBT Training</b>	<ul style="list-style-type: none"><li>• Twelve (12) hour virtual training.</li></ul>	March 20-22, 2024
<b>Clinical Consultation Calls*</b>	<ul style="list-style-type: none"><li>• Calls are biweekly for one hour.</li><li>• Includes one case presentation.</li><li>• Must complete nine (9) out of twelve (12) calls.</li></ul>	Starts a few weeks after Basic TF-CBT Training.
<b>Advanced TF-CBT Trainings</b>	<ul style="list-style-type: none"><li>• Virtual training on advanced implementation aspects of providing TF-CBT.</li></ul>	1. April 1, 2024 Four (4) hours 2. June 17, 2024 Six (6) hours

<b>Supervisor TF-CBT Training**</b>	<ul style="list-style-type: none"> <li>• Four (4) hour virtual training for clinical supervisors.</li> <li>• Supervisors must complete: <ul style="list-style-type: none"> <li>- the Supervisor application information, and</li> <li>- the Basic Training and consultation calls requirements.</li> </ul> </li> </ul>	May 3, 2024
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\*Clinicians will be expected to use TF-CBT with a minimum of three (3) youth during the training and consultation period.

\*\*Supervisors will be expected to use TF-CBT with a minimum of one (1) youth during the training and consultation period.

### Financial Reimbursement

In order to offset potential productivity losses for clinicians, participants will be reimbursed for their time participating in this TF-CBT training opportunity. Eligible reimbursement includes:

TF-CBT <i>Web2.0</i> Training Course registration cost	\$35.00
Basic TF-CBT Training (12 hours)	\$750.00
Advanced TF-CBT Training (6 hours)	\$375.00
Advanced TF-CBT Training (4 hours)	\$250.00
Supervisor TF-CBT Training (4 hours)	\$250.00
Clinical Consultation Calls (per call)	\$125.00

- TF-CBT *Web2.0* Training Course completion documentation must be submitted for reimbursement.
- Training reimbursement will be made after the completion of each training.
  - Participants must attend all training hours for reimbursement.
- Clinical consultation calls will be reimbursed after the completion of a predetermined number of calls.
- Participants may be reimbursed as individuals or through their agencies.
  - Applicants must indicate individual or agency when applying.
  - Participants or their agencies must be a vendor with the State of Maine and be enrolled in the State's vendor payment system. A vendor code will be requested after acceptance for payment purposes.
    - If not a current vendor, a completed W-9 vendor form to be entered into the state vendor payment system must be submitted.
    - If needed, the form will be sent to accepted participants with submission instructions.

### Application

Please note that a completed application is **NOT** a guarantee of participation or registration for the training. There are a limited number of training spots available and

CBHS will offer spots to qualified applicants based on multiple factors including geographic location, access to TF-CBT training through the clinician's agency, as well as other considerations.

Applications must be completed in full. Incomplete applications will not be accepted.

Applications will be accepted through **February 19, 2024** and applicants will be notified via email if they are offered a training spot.

***Applications must be received by 5:00 pm on Monday, February 19<sup>th</sup>, 2024***

**Follow this link to apply:** [CBHS TF-CBT Training Opportunity Application](#)

For questions, please contact Selina McGlauffin, Evidence Based Practices Specialist, at [selina.mcglauflin@maine.gov](mailto:selina.mcglauflin@maine.gov).