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RAPID RIVER FISHERY MANAGEMENT**

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Rapid River Fishery Management

SUMMARY

The Rapid River, located in Township C and Upton in Oxford County, has long been noted for its outstanding brook trout population. Brook trout in the Rapid River are sustained entirely by natural reproduction and support a popular, heavily utilized sport fishery of regional and statewide significance. Landlocked salmon are present also and they provide an important ancillary fishery. During the 1980's, smallmouth bass were illegally introduced into Umbagog Lake, where they became well established and have since migrated to the Rapid River.

Intensive creel surveys have been conducted periodically since 1994 to monitor this important fishery. The most recent creel surveys, including in 2010, were intended to monitor angler use, catch, and harvest subsequent to changes in fishing regulations and flow regimes, and to assess the impacts of smallmouth bass on the river's brook trout and salmon fisheries.

Creel survey data suggested that a decline in brook trout production documented earlier (from 2002 to 2004) was at least partially arrested, and that the vigorous expansion of smallmouth bass numbers slowed or declined. We attributed this to improved protection of brook trout provided by more restrictive fishing regulations, beginning in 2004; to wet, cool environmental conditions that prevailed during several years from 2005 to 2010; and to unfavorable river flows for bass spawning and early recruitment during the same period. The fishing regulation changes included season and area closures directed at eliminating hooking-related mortalities on brook trout during periods of vulnerability (e.g. mid and late-summer thermal refuge sites, pre-spawning staging sites, and over-winter sites). Management efforts will continue to focus on stabilizing and improving conditions for trout survival by manipulating flows from Middle Dam to maintain a high level of stress to smallmouth bass during their spawning, incubation, and early recruitment periods.

KEY WORDS: BKT, LLS, SMB, ANGLER SURVEY, FLOW REGIMEN, REGULATIONS

INTRODUCTION AND STUDY AREA

The Rapid River, located in Township C and Upton in Oxford County, is 3.2 miles long from Middle Dam at the outlet of the Richardson Lakes to Umbagog Lake (Figure 1). This water has long been noted for its outstanding brook trout (*Salvelinus fontinalis*) population. Brook trout in the Rapid River are sustained entirely by natural reproduction and support a popular, heavily utilized sport fishery of regional and statewide significance. Landlocked salmon (*Salmo salar*) are also present and provide an important ancillary sport fishery. Salmon were introduced into this drainage during the late 19th century and became naturalized in the Rapid River. The salmon population is still supported by natural reproduction, although hatchery stocks contribute small numbers to the fishery as emigrants from upstream lakes.

Pond in the River (512 acres), located 0.6 miles below Middle Dam, divides the Rapid River into two reaches. Pond in the River has mean and maximum depths of 19 ft and 40 ft, respectively, and is an important habitat feature in the drainage because brook trout from the Rapid River utilize it for summer temperature refuge and over-wintering (FPLE Energy 2005, Jackson and Zydlewski 2007). Salmon use Pond in the River in similar ways but to a lesser extent (FPLE Energy 2005, Jackson and Zydlewski 2007).

The Rapid River and Pond in the River drain to 7,850-acre Umbagog Lake, which outlets to the Androscoggin River in New Hampshire. Umbagog Lake is largely homothermous and supports several warmwater fish species, so it provides only marginal habitat for cold water fishes. It does, however, provide important over-wintering habitat for Rapid River brook trout (FPLE Energy 2005).

During the 1980's, smallmouth bass (*Micropterus dolomieu*) were illegally introduced into Umbagog Lake. They became well established there and have since migrated to other connecting waters, including the Rapid River and Pond in the River (Boucher 2002). Middle Dam restricts their natural migration into other waters in the Rangeley chain of lakes. Smallmouth bass interactions with brook trout, and strategies to mitigate them, have been extensively examined since 2005. Where pertinent, results of that work (Boucher 2005; Kleinschmidt Associates 2006, 2007, 2008) are summarized in this report.

Flows in the Rapid River are controlled at Middle Dam, located on the outlet of the Richardson Lakes. Middle Dam is one of several large dams controlling water levels on lakes in the upper Androscoggin River drainage. Currently owned by FPLE Energy Maine Hydro (FPLE), their primary function is to provide guaranteed minimum flows to a variety of downstream industrial and municipal interests. Middle Dam was recently re-licensed by the Federal Energy Regulatory Commission (FERC). Consequently, new summer and winter minimum flows were established for the Rapid River beginning in 2000.

Fishing regulations for brook trout are highly restrictive in the Rapid River and in the adjacent waters utilized by these fish. Improved access, higher angler use, and a decline in fishing quality for brook trout observed from 1985 to 1995 prompted the Department to impose a catch-and-release regulation on brook trout in 1996. In 1998, a portion of the north basin of Umbagog Lake, where Rapid River brook trout over-winter (Boucher 2005, FPLE Energy 2005), was closed to ice fishing after District Game Wardens reported harvests of significant numbers of large brook trout – this area was expanded in 2008 after radio telemetry studies showed the entire north basin provides winter habitat for trout originating from the nearby Magalloway and Diamond Rivers (Boucher and Timmins 2008). In 2004, a 0.5-mile reach of the Rapid River below Pond in the River was closed to fishing after September 15 to eliminate hooking mortalities of pre-spawning brook trout staging in that area. That same year Pond in the River was closed to all fishing in July and August to protect brook trout seeking thermal refuge. Also in 2004, harvest rules on salmon were relaxed to reduce their abundance and minimize competitive interactions with trout. Other special fishing regulations on the Rapid River and Pond in the River include fly-fishing only, the prohibition of barbed hooks, and the harvest of smallmouth bass is unrestricted. Pond in the River is closed to ice fishing.

A clerk creel survey funded and staffed by FPLE as a condition of FERC re-licensing, was conducted in 2010 to monitor angler use, catch, and harvest subsequent to changes in fishing regulations and flow regime, and to monitor fishery impacts of smallmouth bass. In this report, data from the 2010 survey are compared with similar surveys conducted in 1998-1999 (Boucher 2000), 2002-2004 (Boucher 2002 and 2005), 2007 (Boucher 2008), and with voluntary angler data collected annually since 2004.

METHODS

A creel survey and angler counts were conducted from early May to September 30, 2010 (Table 1). The river was divided into two sections (Figure 1) based on the intensity of angler use observed during previous surveys. The upper section extended from Middle Dam and downstream 1.3 miles to the lower end of Long Pool, excluding Pond in the River. The lower section, about 1.9 miles in length, extended from Long Pool to Umbagog Lake. The surveys were of a stratified random design, with one weekend day and one weekday sampled each week. Each survey day was divided into three time periods of equal length (8AM-12PM; 12PM-4PM; and 4PM-8PM). Time periods were sampled randomly within each survey day with approximately equal coverage given to each period throughout the survey. During each sampling event, clerks made instantaneous counts of anglers fishing each section, excluding those fishing Pond in the River. Standard clerk interviews were conducted at popular fishing spots to collect catch and harvest data. Total fishing effort for each section and the entire reach was estimated from formulae described by Pollack et al. (1994) for a roving survey.

SUMMARY OF FINDINGS

- An estimated $4,208 \pm 1,315$ angler trips were made on the Rapid River in 2010 (Table 2). Angler effort declined from 1998-1999 to 2002-2004 and again from 2002-2004 to 2007 and 2010 (Table 2 and Figure 2). Angler effort in 2010 was similar to that observed in 2007, suggesting that the declining trend observed earlier stabilized. The development of excellent salmonine fisheries in nearby, more accessible rivers, such as the Magalloway River and Androscoggin River, may have attracted anglers away from the Rapid River. It's also likely that the well-known invasion of smallmouth bass, and the associated impacts to the trout fishery, discouraged anglers from fishing the Rapid River.
- The fishery continued to be focused on the upper 1.3-mile reach between Middle Dam and Long Pool (Table 2). In 2010, only about 6% of the total use occurred in the 1.9-mile reach from Long Pool to Umbagog Lake, which is more difficult to access (Figure 1).
- The catch rate for brook trout ≥ 12 inches observed by clerks in 2010 was 0.160 fish/hour, the highest observed since 1998. This was evidence that the decline in catch rates for these larger trout observed from 2002 to 2004 (Boucher 2002, 2008) was reversed (Table 3).
- The 2010 clerk data showed catch rates for brook trout < 12 inches also stabilized after declining steadily from 1998 to 2003 (Table 3). This statistic suggested that recruitment of young brook trout stabilized. However, this recruitment indicator remains below the level observed prior to the invasion and expansion of smallmouth bass in the Rapid River and Pond in the River (Boucher 2000, 2002).
- The catch rate for legal-size salmon (≥ 12 inches) improved from 0.134 fish/hour in 2004 to 0.259 and 0.242 fish/hour in 2007 and 2010, respectively (Table 3). The catch rate for sublegal salmon (< 12 inches) improved slightly in 2010 as well. Anglers interviewed by clerks continued to release a high proportion of their legal salmon catch (99%).
- Smallmouth bass numbers, as indicated by clerk catch rate statistics (Table 3), increased dramatically in the Rapid River from 2002 (0.011 fish per hour) to 2007 (0.192 fish/hour), but declined slightly in 2010 (0.137 fish/hour). These data suggested that smallmouth bass numbers declined in the Rapid River since 2007, or that the rate of increase at least slowed.
- Catch statistics provided by volunteers from 2004 to 2010 (Table 4) were largely consistent with those from the clerk surveys. Volunteer catch rates for brook trout ≥ 12 inches increased in 2009 and 2010 after declining for several years. Catch rates for young trout (< 12 inches) were highly variable from 2004 to 2010 and indicated no upward or downward trend during that period. However, catch/hour

for trout <12 inches reported by volunteers since 2002 were generally lower than during the 1998-2001 period (Boucher 2000, 2002, 2008) - prior to the invasion of smallmouth bass.

- Volunteer catch rates for legal-size salmon (≥ 12 inches) improved from 2004 to 2010; sublegal catch rates were relatively stable during the same period (Table 4). Voluntary anglers also released most of their catch of legal salmon (90-100% since 2004), despite more liberal harvest rules and active promotion of increased salmon harvest by Department staff and others.
- Volunteers reported declining catch rates for smallmouth bass from 2006 to 2009 (Table 4), which was inconsistent with the clerk data (Table 3). Had clerk surveys been conducted in 2005 and 2006, when volunteers began to report lower bass catch rates, it's possible that trends from the two data sources would have been more synchronized.
- Volunteers caught bass at the rate of 0.489 fish/hour in 2010 – the highest reported since 2005 (Table 4). There was anecdotal evidence that several voluntary anglers recently began to specifically target bass in the Rapid River, either in an attempt to “help the trout” or because they simply enjoyed the fishing experience offered by bass.
- Average size of brook trout ≥ 12 inches reported by volunteers (Table 4) ranged from 14.5 to 16.3 inches from 2001 to 2010, and showed no clear upward or downward trend. The average size of salmon ≥ 12 inches improved somewhat since 2006, perhaps indicating improved growth conditions in upstream Richardson Lake (MDIFW, unpublished data). Average smallmouth bass sizes reported by volunteers have ranged from 5.5 to 9.0 inches since 2001, suggesting this newly established riverine population was composed primarily of young fish.

DISCUSSION

Creel survey data collected from 2002 to 2004 suggested that recruitment and survival of brook trout - and of salmon to a lesser degree - deteriorated during that period. Probable causal factors included increased cannibalism by adult brook trout, the colonization of smallmouth bass, an altered flow regime after 2000, and severe drought conditions that prevailed from 2000 to 2002 (Boucher 2005). Several recommendations were made in 2003 to provide additional protection to brook trout and their critical habitats, to reduce the abundance of brook trout competitors (including salmon), and to carefully assess the feasibility of using flow manipulations to reduce smallmouth bass production in the free-flowing reaches of the Rapid River system.

Most of the recommendations were implemented by 2008, including: a) certain brook trout habitats were closed to fishing during critical time periods, as described earlier; b) length and bag limits for salmon were relaxed and their harvest was encouraged; and c)

studies were completed to determine if pulsing flows during key smallmouth bass life history events could reduce their production.

Creel survey data collected from 2002 to 2010 suggested that the decline in brook trout production documented earlier was partially arrested, and that the vigorous expansion of smallmouth bass numbers may have slowed or declined. It's likely that increasingly restrictive fishing regulations, beginning in 2004, were at least partially responsible for the positive trend in brook trout recruitment. The fall-season closure below Lower Dam, where most adult brook trout stage for spawning by mid-September, eliminated most hooking mortalities of gravid fish after 2003. Although hooking mortalities are believed to be low in the Rapid River, including during the early fall season, many individual brook trout are hooked and handled repeatedly (evidenced by a high degree of facial scars). Heavily scarred fish often exhibit reduced growth and body condition (Boucher and Warner 2006, Bonney 2006), and they may be particularly vulnerable to the additional stress imposed by hooking, playing, and landing.

Expanding the area closed to winter fishing in Umbagog Lake in 2008 perhaps benefited Rapid River brook trout as well. The relaxed salmon regulations appeared to have little effect in reducing their abundance, as most anglers continued to release most of their catch.

Studies conducted by Kleinschmidt Associates (2006, 2007, 2008) documented that flow pulses from Middle Dam can negatively affect smallmouth bass reproduction in the Rapid River. In 2006 and 2007, short-term (± 12 -hour) flow releases of 1,200 cubic feet/second during the bass spawning period (late June to early July) were effective in destroying production of fry in at least 50% of studied nests. A similar pattern of high, fluctuating flows occurred naturally during the 2005, 2008, and 2009 bass spawning periods. We believe that several years of unfavorable flows during bass spawning, and the cooler, wetter conditions that prevailed during much of the same period (Figures 3 and 4), were partially responsible for the decline in bass recruitment and the stabilization of brook trout recruitment observed during the latest creel surveys.

In light of this, we have worked closely with FPLE to schedule annual pulsing flows from Middle Dam during the late June-early July period, insofar as hydrologic conditions permit (Appendix A). This program was instituted in 2010 and 2011 and should serve to maintain a high level of stress on smallmouth bass during their spawning, incubation, and early recruitment periods, and therefore maintain or improve conditions for trout survival. A detailed monitoring plan has been designed to provide a long-term assessment of this strategy.

RECOMMENDATIONS

1. Continue to collaborate with other fishery professionals, FPLE, FERC, and the public to determine the long-term effectiveness of the flow manipulation strategy in reducing smallmouth bass production. If possible, seek adjustments in the

- river's licensed flow regime to accommodate the late-June/early July releases during as many years as possible.
2. Maintain the current suite of fishing regulations, and continue to promote the increased harvest of landlocked salmon to lessen competitive interactions with brook trout.
 3. Continue to closely monitor trends in spawning and recruitment success, age and growth, size structure, and sport fisheries for brook trout, landlocked salmon, and smallmouth bass.
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Figure 1. Site location map for Rapid River creel surveys, 1998-2010.

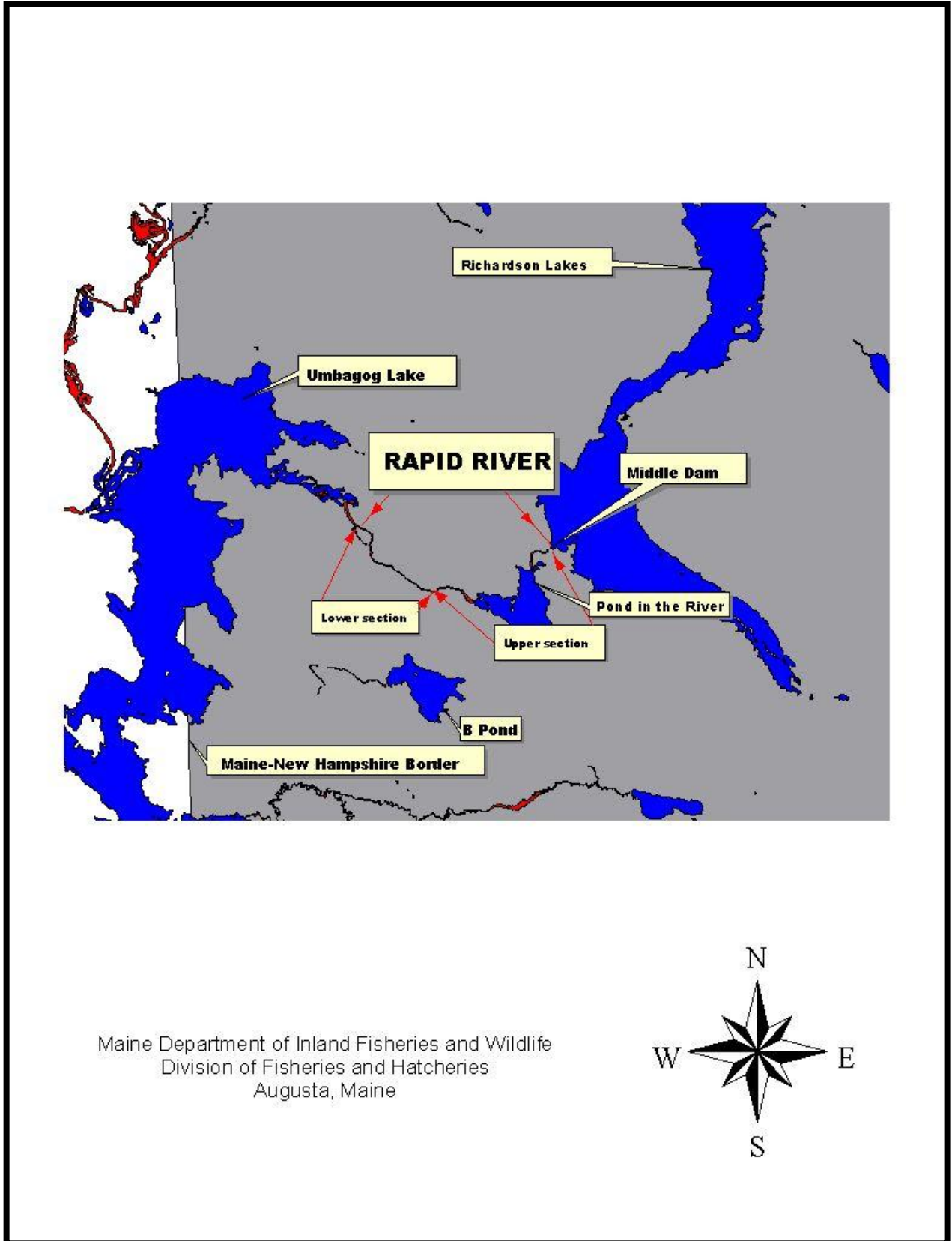


Table 1. Description of Rapid River clerk creel surveys, 1998-2010.

Year	Date	No. days surveyed	No. days in season
1998	May 11–September 30	31	183
1999	May 14–September 30	28	183
2002	May 14–September 30	43	183
2003	May 3–September 30	49	183
2004	May 1–September 30	45	183
2007	May 1–September 30	48	183
2010	May 1–September 30	47	183

Table 2. Angler effort estimates for the Rapid River, 1998-2010. Confidence limits (95%) are in parenthesis.

Year	Upper reach (1.3 miles)		Lower reach (1.9 miles)		Both reaches (3.2 miles)	
	Trips	Trips/mile	Trips	Trips/mile	Trips	Trips/mile
1998	6,471 (2,099)	4,978 (1,615)	677 (477)	356 (251)	7,035 (2,208)	2,198 (690)
1999	8,317 (2,025)	6,398 (1,558)	760 (626)	400 (329)	8,728 (2,133)	2,728 (667)
2002	4,446 (1,275)	3,420 (981)	531 (324)	279 (171)	4,926 (1,358)	1,539 (424)
2003	5,255 (1,252)	4,042 (963)	180 (131)	95 (69)	5,435 (1,298)	1,698 (406)
2004	4,686 (1,265)	3,605 (973)	425 (285)	223 (150)	5,101 (1,366)	1,594 (427)
2007	3,341 (815)	2,570 (627)	270 (143)	142 (75)	3,605 (843)	1,126 (263)
2010	3,960 (1,284)	3,046 (988)	271 (180)	143 (95)	4,208 (1,315)	1,315 (411)

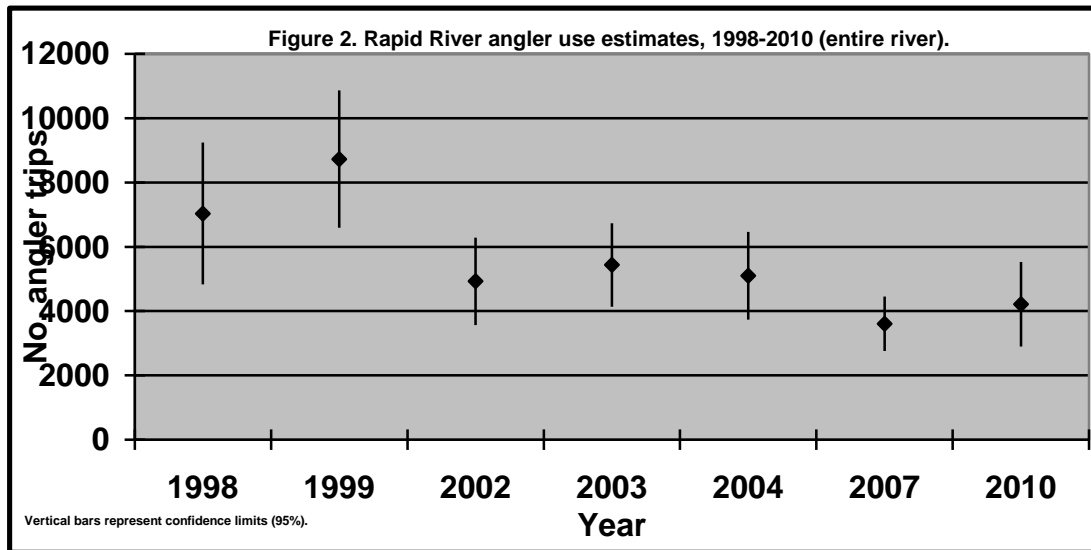


Table 3. Summary statistics for Rapid River clerk creel surveys, 2002-2010¹.

Parameter	Species	Survey year				
		2002	2003	2004	2007	2010
No. anglers surveyed		357	721	689	363	540
No. hours surveyed		1,391	2,545	2,554	1,374	2,560
No. (%) successful anglers	Brook trout	72 (20)	169 (23)	131 (19)	81 (22)	169 (31)
	Salmon	77 (22)	161 (22)	179 (26)	127 (35)	226 (42)
	Smallmouth bass	6 (2)	26 (4)	50 (7)	48 (13)	98 (18)
No. legals caught ²	Brook trout	155	366	226	169	417
	Salmon	190	279	318	323	532
	Smallmouth bass	13	68	135	141	249
No. (%) legals released	Brook trout	155 (100)	366 (100)	226 (100)	169 (100)	417 (100)
	Salmon	190 (100)	278 (99)	315 (99)	318 (98)	528 (99)
	Smallmouth bass	8 (62)	17 (25)	7 (5)	9 (6)	34 (14)
No. (%) sublegals	Brook trout	144 (48)	143 (28)	173 (43)	109 (39)	427 (51)
	Salmon	413 (68)	631 (69)	320 (50)	199 (38)	492 (48)
	Smallmouth bass	*	*	*	*	*
Catch/hour (legals)	Brook trout	0.152	0.130	0.086	0.138	0.160
	Salmon	0.154	0.114	0.134	0.259	0.242
	Smallmouth bass	0.011	0.050	0.065	0.182	0.137
Catch/hour (sublegals)	Brook trout	0.128	0.061	0.080	0.104	0.173
	Salmon	0.389	0.269	0.147	0.187	0.192
	Smallmouth bass	*	*	*	*	*
Estimated no. legals caught ³	Brook trout	2,119±584	2,772±662	1,673±448	1,680±393	3,250±1,106
	Salmon	2,611±720	2,120±507	2,357±631	3,209±751	4,146±1,296
	Smallmouth bass	197±54	489±117	1,000±268	1,399±327	2,205±606

¹ Mean catch/ hour computed from both complete and incomplete trips. Confidence limits (±), where reported, are at 95%.

² For the purpose of this summary, trout 12 inches and longer were considered legal fish during all years. Legal salmon were 14 inches prior to 2004 and 12 inches thereafter.

³ Total catch estimated from catch/angler trip (total ratio estimator).

Table 4. Summary statistics for Rapid River voluntary surveys, 2004-2010.

Parameter	Species	Survey year						
		2004	2005	2006	2007	2008	2009	2010
No. anglers surveyed		155	148	120	137	73	152	88
No. hours surveyed		504	574	516	684	216	674	265
No. (%) successful anglers	Brook trout	59 (38)	35 (24)	30 (25)	51 (37)	17 (23)	68 (45)	26 (30)
	Salmon	68 (44)	59 (40)	68 (57)	72 (53)	28 (38)	88 (58)	37 (42)
	Smallmouth bass	29 (19)	61 (41)	29 (24)	39 (29)	17 (23)	24 (16)	29 (33)
No. legals caught ⁴	Brook trout	88	42	44	106	20	131	87
	Salmon	134	135	185	195	57	264	100
	Smallmouth bass	88	264	93	95	33	31	82
No. (%) legals released	Brook trout	88 (100)	42 (100)	44 (100)	106 (100)	20 (100)	131 (100)	87 (100)
	Salmon	120 (90)	134 (99)	180 (97)	187 (96)	55 (96)	253 (96)	100 (100)
	Smallmouth bass	31 (35)	107 (41)	12 (13)	14 (15)	0 (0)	7 (23)	40 (49)
No. (%) sublegals	Brook trout	50 (36)	31 (43)	19 (30)	37 (26)	9 (31)	57 (30)	20 (19)
	Salmon	108 (45)	164 (55)	92 (33)	63 (24)	20 (26)	97 (27)	40 (29)
	Smallmouth bass	*	*	*	*	*	*	*
Catch/hour (legals)	Brook trout	0.187	0.128	0.203	0.192	0.098	0.221	0.322
	Salmon	0.278	0.296	0.478	0.463	0.175	0.451	0.387
	Smallmouth bass	0.196	0.766	0.421	0.366	0.306	0.088	0.489
Catch/hour (sublegals)	Brook trout	0.183	0.102	0.054	0.164	0.014	0.156	0.085
	Salmon	0.256	0.429	0.236	0.214	0.065	0.219	0.144
	Smallmouth bass	*	*	*	*	*	*	*
Mean length (inches) of fish reported \pm SE	Brook trout	15.2 \pm 0.2	14.5 \pm 0.4	16.3 \pm 0.6	15.7 \pm 0.3	14.8 \pm 0.8	14.5 \pm 0.2	15.5 \pm 0.3
	Salmon	14.2 \pm 0.2	13.5 \pm 0.2	13.8 \pm 0.2	14.9 \pm 0.2	14.3 \pm 0.3	14.6 \pm 0.1	15.0 \pm 0.2
	Smallmouth bass	5.5 \pm 0.3	5.9 \pm 0.2	5.9 \pm 0.3	6.9 \pm 0.6	5.5 \pm 0.4	9.0 \pm 0.9	8.0 \pm 0.4

⁴ For the purpose of this summary trout 12 inches and longer were considered legal fish during all years. Legal salmon were 14 inches prior to 2004 and 12 inches thereafter.

Figure 3. Annual precipitation for Rangeley, Maine, 1998-2010.

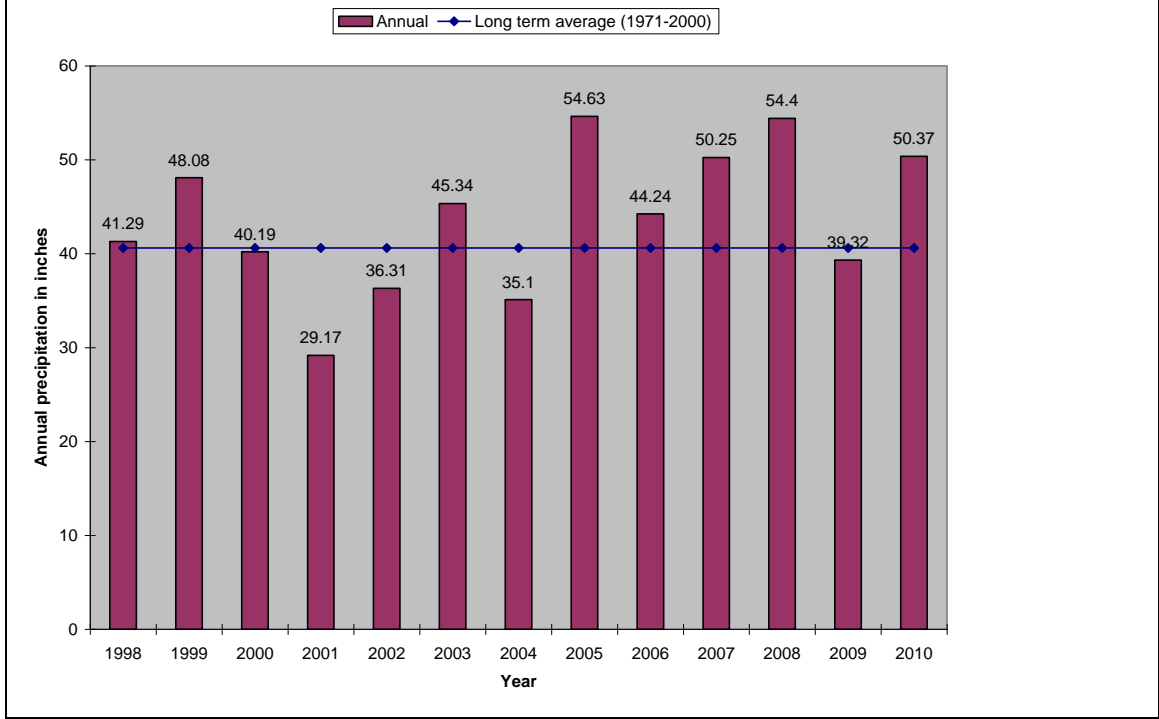
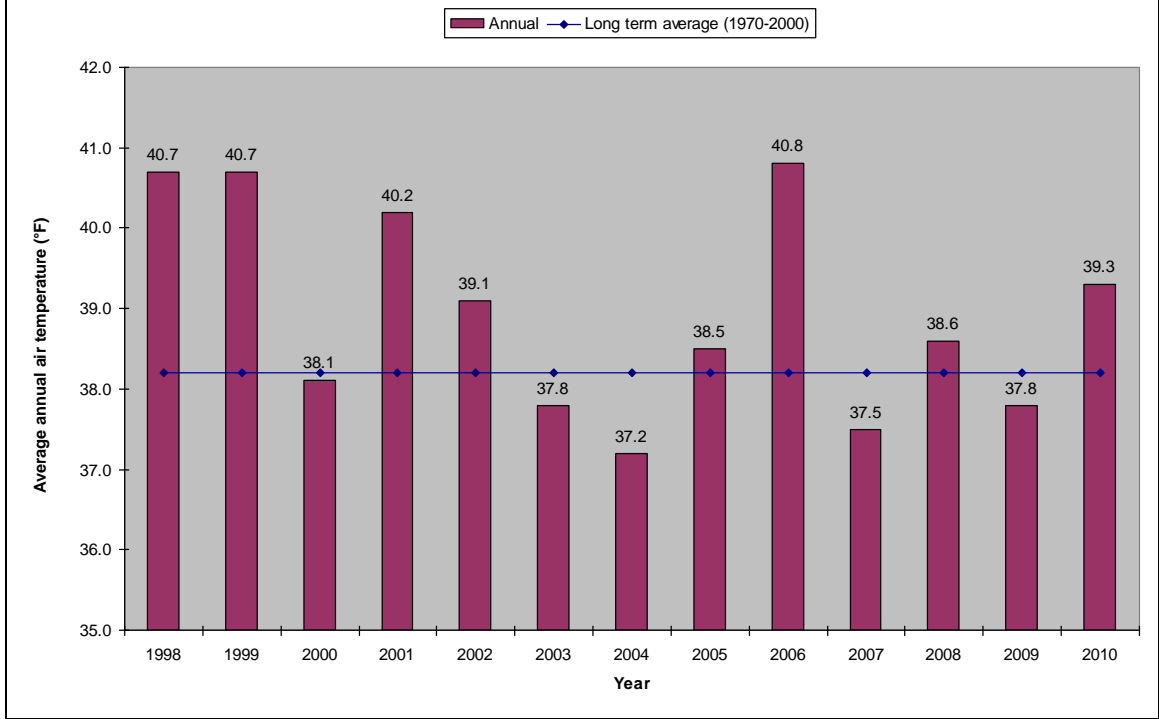


Figure 4. Average air temperature for Rangeley, Maine, 1998-2010.



Appendix A. Flow regime for Rapid River smallmouth bass control.

This proposed flow schedule is designed to maximize negative impacts to smallmouth bass spawning and recruitment processes in the Rapid River, and is based on the findings of in situ observations made in 2006 and 2007 (Kleinschmidt Associates, 2007 and 2008), and on a thorough review of the scientific literature. These findings include:

- The timing of bass spawning, incubation, and hatching to the most vulnerable life stages occurs in the Rapid River with some degree of inter-annual predictability.
 - In the Rapid River, more nests are constructed in “flow-vulnerable” locations when discharge during the mid to late June period is maintained at 400-800 cubic feet/second (cfs) rather than at +1,000 cfs.
 - Smallmouth bass black fry are most vulnerable to flow pulses during the last week of June and the first week of July.
 - Bass spawn in successive cohorts, therefore multiple pulses are required
 - Multiple pulses of 1,200 cfs for at least 10 hours per pulse appear to be effective
 - Bass fry rise from the nests at night and therefore nocturnal pulsing is probably more effective than daytime pulsing
 - Nocturnal pulsing is less disruptive to angling activities
 - By late June, brook trout fry are sufficiently mobile (>50mm) and are able to seek velocity refuge, and so are not negatively impacted by temporary increases in flow rate.
 - Overwinter survival of first-year smallmouth bass can be negatively impacted by erratic flows during their initial growth stanza, and late during their first winter at large.
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Appendix A (cont'). Flow regime for Rapid River smallmouth bass control.

Date	Discharge	Duration	Time of day
June 15 to June 25	Maintain at 400-800 cfs, when compatible with upstream and downstream license requirements.		
June 27	1,200 cfs	10-12 hours	8PM-8AM
June 30	1,200 cfs	10-12 hours	8PM-8AM
July 3	1,200 cfs	10-12 hours	8PM-8AM
July 6	1,200 cfs	10-12 hours	8PM-8AM
3 rd weekend in July	1,300-1,800 cfs	Whitewater boating flow	Per license
4 th weekend in July	1,300-1,800 cfs	Whitewater boating flow	Per license
1 st weekend in August	1,300	Whitewater boating flow	Per license
2 nd weekend in August	1,300-1,800 cfs	Whitewater boating flow	Per license
March 15-30	As much as possible	As long as possible	No restrictions

Note: Annual implementation of these flows will be contingent upon the ability of the licensee to provide them within the context of FERC requirements elsewhere in the drainage.